

Purpose Statement:

We're here to encourage, equip and develop you as a teen mother. We want you to realize you're potential as a woman, mother and leader in the name of Jesus Christ.

Membership Fees

Membership is free, just show up! We will cover all fees, including your subscription to MOMSense magazine for the year, childcare, crafts, speakers, dinner & mop smart.

2007-2008 leaders & Mentors

~Cyndi Moon	Coordinator	727-6106, dc.moon@insightbb.com
~Chandra West	Incentive Program	jincsagwest@hotmail.com
~Lori Rickey	Co-Creative Activities	420-0083, alexanna33@netscape.net
~Felicia Tindal	Publicity, Co-Creative Activities	jftindal@comcast.net
~Christina Cross	MOPPETS	219-6899, cross3685@gmail.com
~Holly Anderson	Prayer & Care, Co-Discussion Group leader	867-5864, hollysean@insightbb.com
~Jennifer Harris	Prayer & Care, Co-Discussion Group leader	776-9279, jenzany@comcast.net
~Sherri Pepples	Finance Leader	431-6323, slepples@aol.com
~Kara Pickrell	Co-Hospitality	250-9878 pickrellk@yahoo.com
~Nichole Knoll	Co-Hospitality	842-4555, knolln@hotmail.com

Confidentiality/Positive attitude

Whatever is said during a teen MOPS meeting, stays with the people in the meeting. Talking about others in a way that does not build them up is prohibited. Argumentative and disrespectful talk will also be prohibited. If you are caught breaking these very important agreements, you may be asked to stop attending meetings. The rest of the group will ultimately decide.

Refreshments

Each meeting there will be dinner available to you and a heavy snack for your child.

MOPPETS

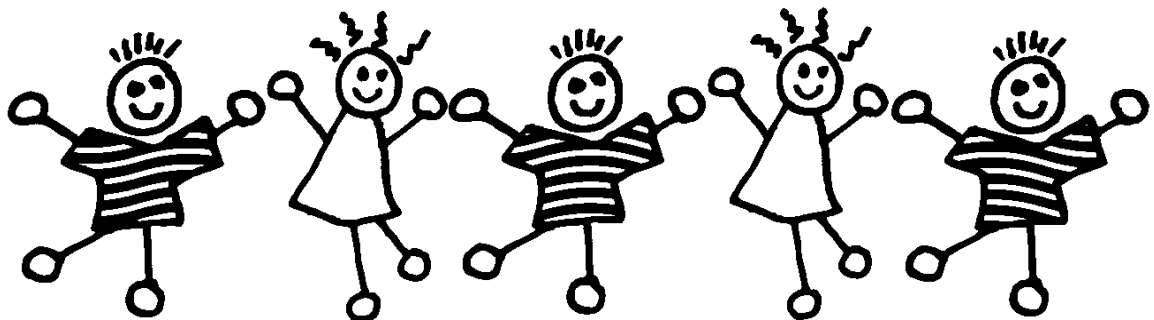
Teen MOPS is for Moms, while MOPPETS is for kids. Children enjoy a safe, clean and stimulating environment while moms enjoy the company of other mothers.

Please utilize the MOPPETS program for your little ones. We ask that you do not bring your child into the teen MOPS room, as it is disruptive to speakers and group discussions. We also want to keep the meetings as a “break-away” from children. Nursing mothers and mothers of infants (non-mobile) are an exception, as long as they are quiet. Please use the hallway to calm a fussy baby. We appreciate your cooperation in making our meetings successful in fulfilling the teen MOPS purpose.

Tips to remember:

- ∞ Drop-off time is promptly at 5:45 p.m.
- ∞ Pick-up time is no later than 8:00pm.
- ∞ Please remember to sign your children in and out each evening.
- ∞ Mark your children’s belongings with their names, i.e. bottles, bags, etc.
- ∞ Inform the caregiver of any special needs when signing in.
- ∞ Refrain from bringing in sick children. Rashes, fevers, runny noses that are not clear, and diarrhea are just a few no-no’s.
- ∞ If your child is an infant or under 2, please bring a bag for him equipped with diapers, wipes, a labeled sippy cup or bottle, and any other comforting items such as a favorite toy or blanket.
- ∞ Moppets meets in the Adventure Room.
- ∞ The MOPPETS program will provide a structured lesson, often including story time, craft time, music, and recreation, free time and snacks. **PLEASE LET THE MOPPETS COORDINATOR AND YOUR CHILD’S TEACHER KNOW OF ANY FOOD ALLERGIES YOUR CHILD MAY HAVE.** If you have a young child who is not yet drinking from a cup, it would be helpful to bring a labeled sippy cup for him/her. Water will be provided for the children for drinks.

IF AT ANY TIME YOU HAVE QUESTIONS OR CONCERNS ABOUT YOUR CHILD OR THE MOPPETS PROGRAM, PLEASE DO NOT HESITATE TO CONTACT OUR **MOPPETS COORDINATOR, [Christina Cross](#)**



Bringing Friends

Please feel free to invite your friends & mothers-to-be to our meetings. You will receive mops mart points

Children in teen MOPS meetings

Teen MOPS is primarily designed to meet the needs of mothers. One of the ways we do this is by providing a MOPPETS program geared specifically for the children. In order to maintain a “get away from it all” atmosphere, we ask that only nursing babies 3 months or under or newborns be brought into the meeting with moms. Thank you!

MOPPETS Worker Appreciation

We are keenly aware teen MOPS would not work without our MOPPETS workers! Please remember to thank them and show your appreciation throughout the year. They are taking time out of their schedules to spend time playing with & teaching your children. It's the little things that they remember and will be blessed by. So please, let them know that you appreciate them.

Prayer Requests

If you would like the steering team or your discussion group to pray for a certain request, **Holly Anderson or Jen Harris** will have prayer request slips available at each meeting. Anonymous requests are accepted as well as any specific prayer requests. The steering team will be in prayer for these requests at our planning meetings, as well as throughout the month. You can always feel free to contact any member of the steering team at any time for individual prayer requests as well.



Volunteers

If at any time you would like to help out the steering team in some area, please give us a call. Or if you see a need that we haven't filled or an idea for us, please tell us. We would love your help! Call **Cyndi Moon at 877-7281**. Also when you feel that you are ready to move on and graduate from teen MOPS, you are more than welcome to stay on as one of the leaders of teen MOPS. Please let us know if this is something that interests you.

Guidelines for Positive and Productive Meetings

- Be on time. Drop kids off at 5:45 & be in the meeting at **6:00 sharp!!!**
- Turn cell phones off or put in pocket on vibrate.
- Stay on topic.
- Refrain from gossiping.
- Be authentic. Engage in open and honest conversation.
- Be an active listener. Seek first to understand, then to be understood.
- Value diversity of thought. Support each others ideas and thoughts while with holding judgment.
- Speak in turn. During open discussion, raise your hand to signal that you would like the floor, and wait to be called upon by the facilitator.
- Ask for clarity when you are uncertain about something.
- Spare the oxygen. Don't dominate the conversation.
- End on time – 7:30, go to moppets room to pick up children.

Earn While You Learn

Incentive Program

🌀 Start saving points for an incredible auction at the end of the year!

🌀 Here are some examples of what you can do to earn points!!!

Well baby checks, grade cards, new job, pay check stub,
attending meetings on time, BABE store coupons (1 point each)
working with Healthy Families, attending parenting classes,
budgeting classes, providing a safe place for you and baby
attend church, Encourage another mom, graduation, drivers license
Bring a new mom to a meeting,

AND MANY MANY MORE....

WE ARE ALWAYS ADDING TO THE LIST!!

Let us know what you have done to positively improve

**your
that of
you
points**

**ADVENTURES
IN MOTHERING**

**life and
your child,
could get
for it!**

"... how wide and long and high and deep is the love of Christ..." EPH 3:18